



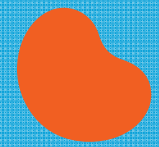
LIVING DONATION

Jointly Sponsored by

 **Children's**
Hospital of Wisconsin

 **Froedtert & MEDICAL COLLEGE of WISCONSIN**

TRANSPLANT CENTER



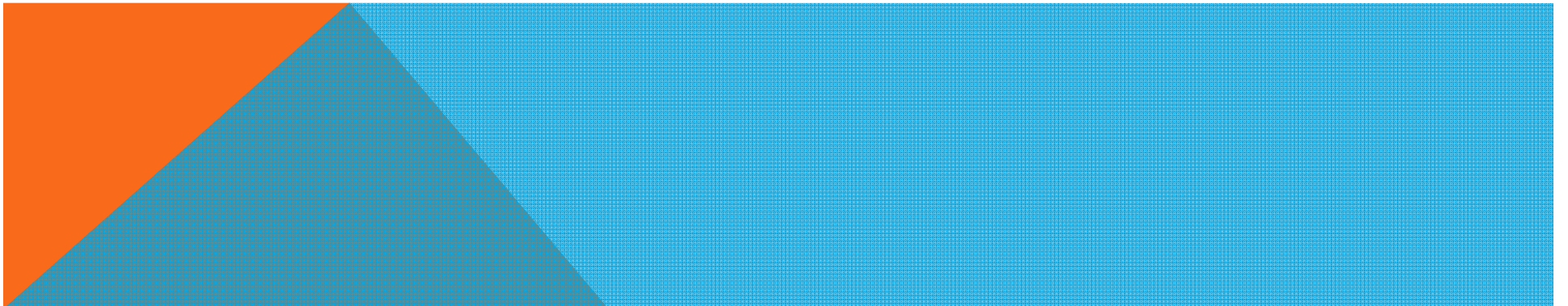
National Kidney Foundation®
of Wisconsin

THE SPEAKER



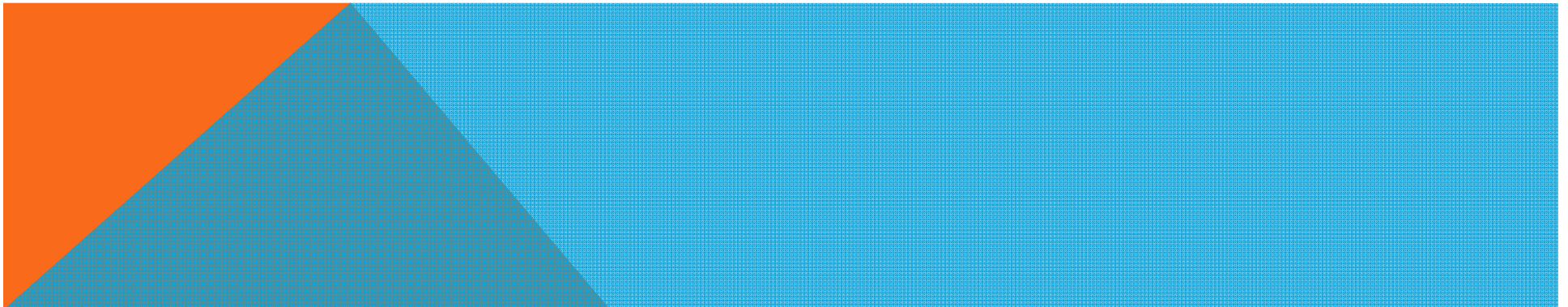
Allison Stephans, MSW, APSW

Transplant Social Worker at Froedtert Hospital



CHALLENGES OF ASKING

- It stirs up emotions
- It is difficult to ask for help
- Concerns that the donor will experience health complications
- Concerns that the donor will experience financial difficulties related to donation

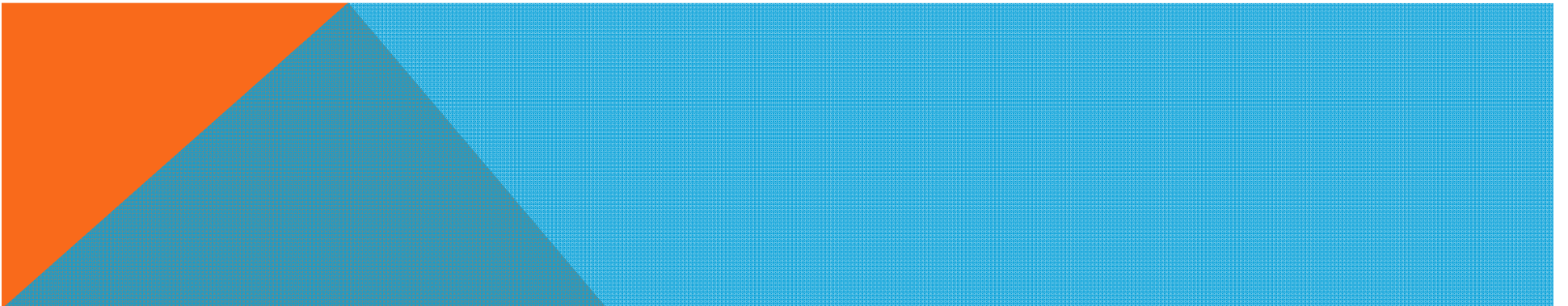


HOW TO ASK

Share your story

- How has your illness progressed?
- How has it impacted your life?
- How has it impacted your loved ones?
- What have doctors told you about your health and your future?

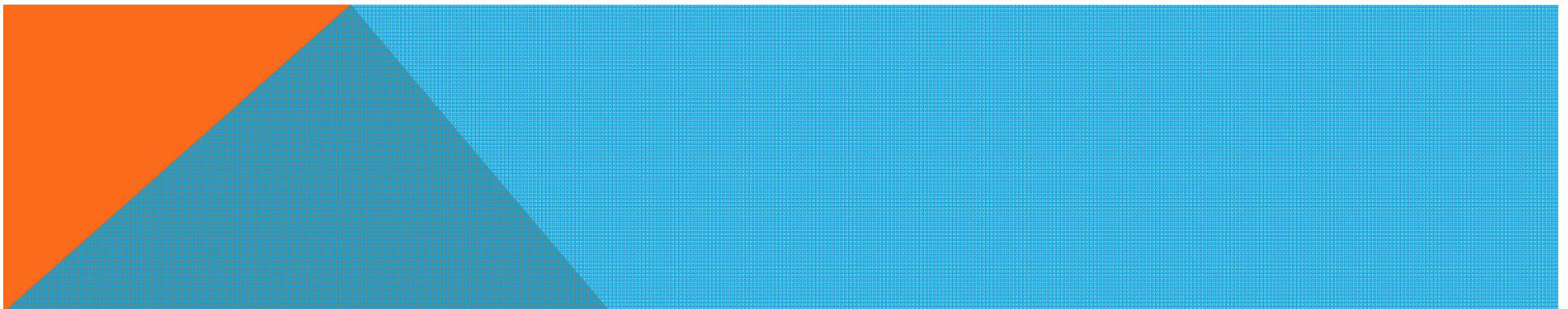
- Be Genuine and Real



WHO TO ASK

EVERYONE!

- Family
 - Friends
 - Co-workers
 - People in community organizations
 - People in your faith community
-
- Ask them to ask on your behalf



THAT SOUNDS HARD

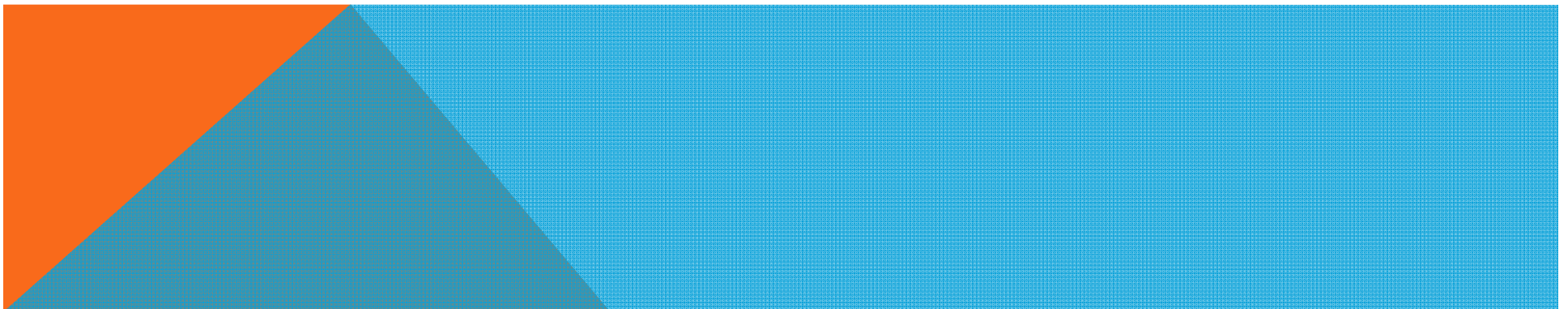
Write it down

Send a letter to family and friends

Ask loved ones to help share your story

Use social media

Flyers



MYTHS ABOUT DONATION

Only family members can donate

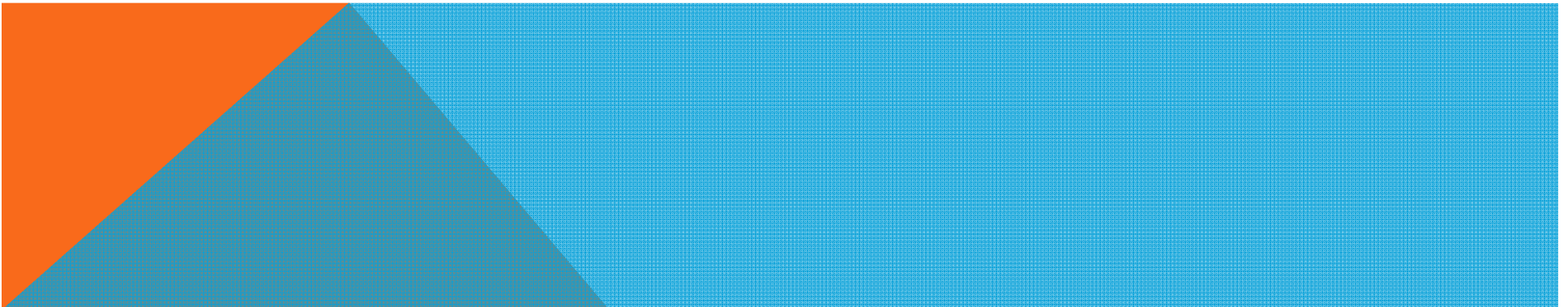
- Relationship is not important
- There are methods to use when blood types do not match

Donors need to change their lifestyle after donation

- Should maintain a healthy lifestyle
- Can resume sports, exercise, and physical activity
- There are no lifelong medications

Surgery includes a complicated recovery

- Typically a 2-3 day hospitalization
- Temporary restrictions during recovery



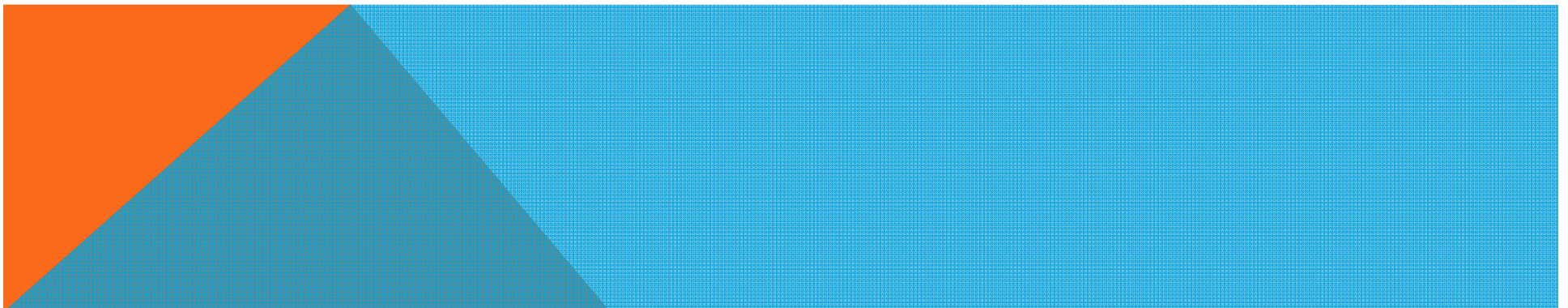
CREATE INTEREST

Talk about the risks and benefits of donation

- Better outcomes
- Less waiting
- Comprehensive assessment for the donor
- Minimal risks
- Scheduled surgery

Let them know where they can get more information

- Transplant Center, Living Donor Team
- www.kidney.org



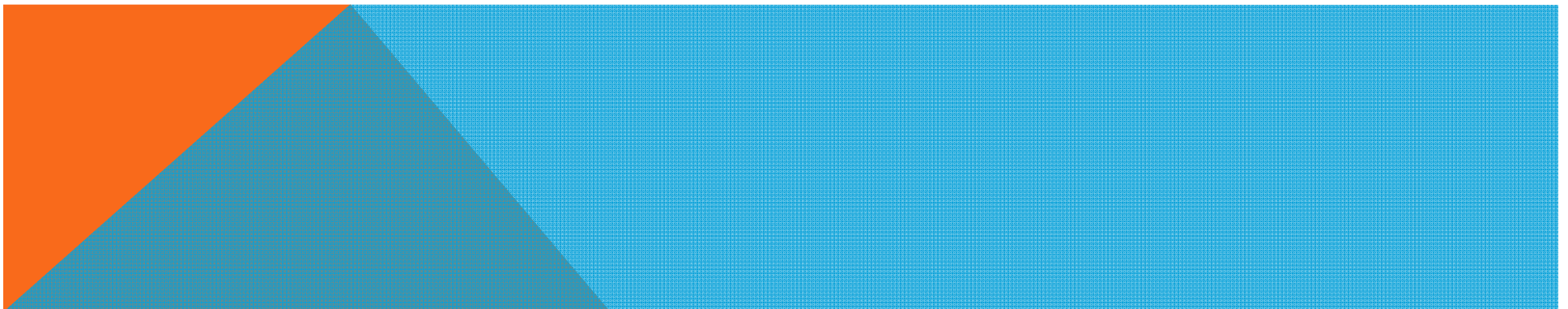
THINK BIG PICTURE

Donation helps many people, not just YOU

Learn & provide statistics of how many people are waiting for a transplant

- (Over 100,000 nationwide)
- (Over 1,900 in Wisconsin)

- Be enthusiastic about how donation can help not only you, but others as well

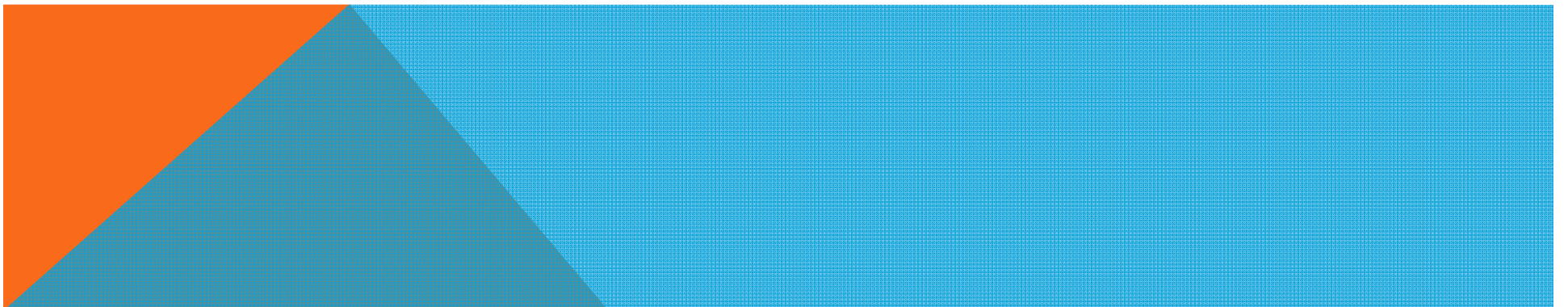


NO PRESSURE

Have discussion as information sharing only

Let people know it's 100% their decision whether or not to donate/start the evaluation

Let them know you will be comfortable with any decision they make



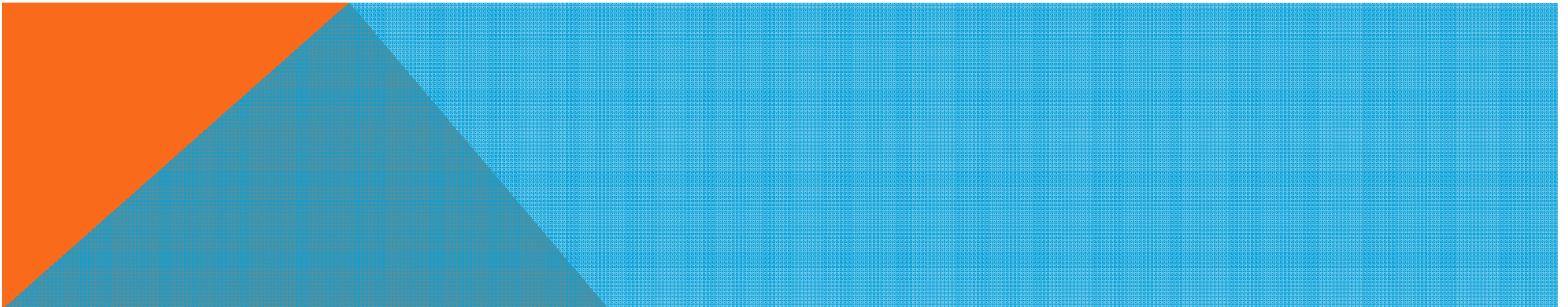
WHY PEOPLE DONATE

They love you!!

They are being selfish—they want to keep you in their life longer with a good quality of life.

They want to help.

They know they would want someone to step forward if they or a loved one was in need.



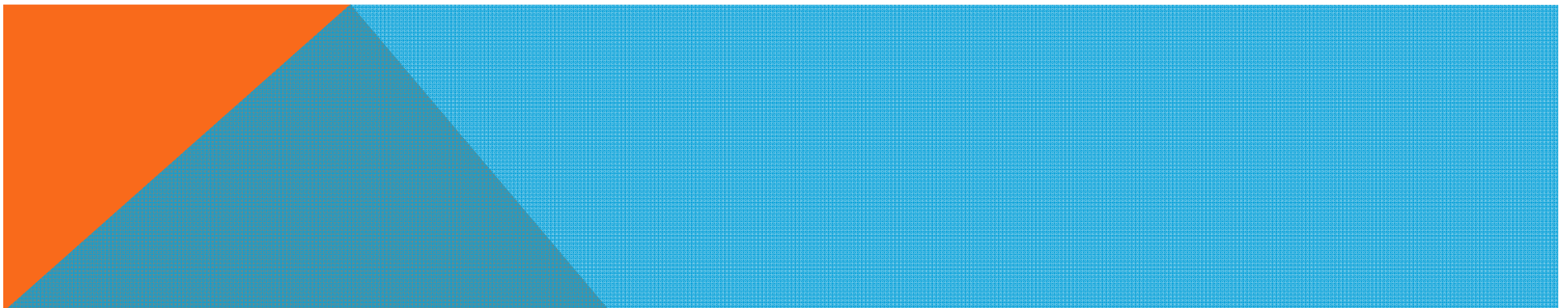
PANEL DISCUSSION

Brad, Kidney Recipient

Sarah, Kidney Donor

Pam, Kidney Recipient

Brenda, Kidney Donor



THANK YOU!

A special thanks to our partners at the
National Kidney Foundation of Wisconsin

For more information:

National Kidney Foundation of WI: 414-897-8669 <http://www.kidneywi.org/>

United Network for Organ Sharing: www.unos.org

www.transplantliving.org

Contact a Living Donor Coordinator at your local transplant center

Froedtert: <http://www.froedtert.com/transplant>

St. Luke's: <https://www.aurorahealthcare.org/services/organ-transplant/kidney>

UW Health: <http://www.uwhealth.org/transplant/transplant/10355>

